

1 **TOPIC: IN SUPPORT OF ADVOCACY FOR RESOURCES FOR**
2 **CONTINUING NURSING EDUCATION OPPORTUNITIES FOR**
3 **NURSES REGARDING NUTRITIONAL THERAPIES TO HELP**
4 **IMPROVE PATIENT OUTCOMES**

5 **SUBMITTED BY: TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER ANITA**
6 **THIGPEN PERRY SCHOOL OF NURSING: Amy Golightly, April**
7 **Gregory, Liz Tompkins, Bobby Schnittker, Sarah Irish, Lori Major, and**
8 **Cecil Berry.**

9 WHEREAS, “feeding and providing nutrition is not medical treatment, but a basic human
10 need,” relating to Maslow’s Hierarchy of Needs (O’Regan, 2009).

11 WHEREAS, “rates of hospital malnutrition are as high as 48% in adult medical patients
12 and 50% in adult surgical patients. Even more disturbing, 75% of patients at
13 risk for malnutrition on admission had worsening nutrition parameters during
14 their hospitalization [...] there is considerable evidence showing a
15 relationship between nutrition, clinical outcomes and cost of care. For
16 example, a ‘simple’ reduction in the length of stay following effective
17 nutritional intervention has been shown to save about \$1,000, 000 per year in
18 the average American hospital” (Keith, 2008).

19 WHEREAS, “these resources would coincide with the required 20 Continuing Nursing
20 Education (CNE) hours, required every two years as stated by the Texas
21 Board of Nursing website”, other state boards across the United States, and
22 the American Nursing Association (“Texas Board”, 2009).

23 WHEREAS, “nurses are key in screening patients for nutritional problems via two
24 common assessments; the Mini-Nutrition Assessment and Nutrition
25 Screening Initiative” (Leontos, 2006). Without proper training and
26 understanding, the screening process is shortened or often overlooked,
27 whereas with evidence-based nutrition education programs, the average score
28 for a pretest for licensed was 56% and the post-test scores averaged 66%,
29 demonstrating a continuing deficit of basic nutritional knowledge (Croghan &
30 Evans, 2001). **Therefore, be it**

31 RESOLVED, that the Texas Nursing Student Association (TNSA) request support from the
32 Texas Nurses’ Association in recommending that nurse managers raise
33 awareness of patients’ nutritional needs ~~through discussion of Maslow’s~~
34 ~~hierarchy in patient care at quarterly staff meetings and display of Maslow’s~~
35 ~~hierarchy diagrams in work area~~ based on different disease processes. **Be it**

36 RESOLVED, that the TNSA request support from the Texas Nurses’ Association in
37 recommending the opportunity for Continuing Nursing Education related to
38 Nutritional Therapies, nursing staffs would be satisfying requirements for
39 their educational opportunities and linking them with the education they
40 received prior in their undergraduate programs to better the outcomes for
41 patients in need of their care. **Be it**

42 RESOLVED, that the TNSA request support from the Texas Nurses’ Association in
43 recommending comprehension and utilization of nutritional assessments
44 upon patient’s admission and enhance nursing comprehension of nutritional

45 importance and effective implementation into the plan of care for the
46 duration of a client's stay.

47 RESOLVED, that if passed, that the TNSA forward this onto the NSNA ~~to~~ and send copies
48 of this resolution to American Association of Colleges in Nursing, the
49 American Nurses Association, the Agency for Healthcare Research and
50 Quality, the National League for Nursing, the American Hospital
51 Association, the U.S. Department of Health and Human Services, the
52 International Council of Nurses, the World Health Organization, the
53 American Dietetic Association, The Wound Healing Society, Sigma Theta
54 Tau International, the National Council of State Boards of Nursing, the
55 Institute for Healthcare Improvement, and the American Medical
56 Association.

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References

Crogan, N., & Evans, B. (2001). Nutrition assessment: Experience is not a predictor of knowledge. *Journal of Continuing Education in Nursing*, 32(5), 219-222. Retrieved from CINAHL Plus with Full Text database.

Keith, J. (2008). Bedside nutrition assessment past, present and future: A review of the subjective global assessment. *Nutrition in Clinical Practice*, 23(4), 410-416. Retrieved from CINAHL Plus with Full Text database.

Leontos, C., Gordon, C., Maldague, S., Dorsett. (2006). Live well, live long: Steps to better health. Retrieved from <http://www.asaging.org/cdc/>

O'Regan, P. (2009) Nutrition for patients in hospital. *Nursing Standard*, 23 (23), 35-41.

Texas Board of Nursing. (2009). Understanding and complying with continuing competency requirements for nurses in texas. Retrieved on January 20, 2010 from URL: <http://www.bon.state.tx.us/nursingeducation/ceu.html>

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Cost Estimate

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|----------------|---------------|--|
| Printing | \$5.60 | (\$0.10 per page x 14 copies of 4 page resolution) |
| Envelopes | \$2.10 | (\$0.15 per 14 envelopes) |
| <u>Mailing</u> | <u>\$6.16</u> | (\$0.44 per stamp x 14 copies) |
| Total | \$13.86 | |

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121 Addresses to Send Resolution

122 American Association of Colleges in Nursing

123 One Dupont Circle, NW

124 Suite 530

125 Washington, DC 20036

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127 American Nurses Association

128 8515 Georgia Avenue

129 Suite 400

130 Silver Spring, MD 20910

131

132 Agency for Healthcare Research and Quality

133 Office of Communications and Knowledge Transfer

134 540 Gaither Road, Suite 2000

135 Rockville, MD 20850

136

137 National League for Nursing

138 61 Broadway, 33rd Floor

139 New York, NY 10006

140

141 American Hospital Association

142 One North Franklin

143 Chicago, Illinois 60606

144 U.S. Department of Health and Human Services

145 200 Independence Avenue, S.W.

146 Washington, D.C. 20201

147 Toll Free: 1-877-696-6775

148

149 International Council of Nurses

150 3, Place Jean Marteau

151 1201 - Geneva

152 Switzerland

153

154 The World Health Organization

155 Avenue Appia 20

156 1211 Geneva 27

157 Switzerland

158

159 American Dietetic Association

160 1120 Connecticut Avenue NW, Suite 480

161 Washington, D.C. 20036

162

163 The Wound Healing Society

164 341 N. Maitland Ave., Suite 130

165 Maitland, Florida 32751

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167 Sigma Theta Tau International

168 550 West North Street

169 Indianapolis, IN 46202

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171 National Council of State Boards of Nursing

172 111 East Wacker Drive, Suite 2900

173 Chicago, Illinois 60601

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175 Institute for Healthcare Improvement

176 20 University Road, 7th Floor

177 Cambridge, MA 02138

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179 American Medical Association

180 515 N. State Street

181 Chicago, IL 60610

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